



Activities Calendar for October 2017

Sunday 1st	2.00pm	Line Dancing practice
Monday 2nd	9.00am 10.00am 12.45pm 1.00pm 7.00pm	Cycling Group Walking Group Stay for Tea/Coffee & chat after in SB Social bowls Mahjong, Cards & Board Games- CC Line Dancing Practice
Tuesday 3rd	8.00am 10.00am 12.00pm 1.00pm 2.30pm 7.30pm	Men's 9 or 18 Hole- Golf Mosaics Group with Jenny Parsons Men's 9 or 18 Hole- Golf Line Dancing with Rhonda Mathieson Bridge for players - CC Movie Night – Movie Title on Notice Board prior
Wednesday 4th	9.00am 10.00am 2.00pm 4.30pm	Ladies 9 or 18 Hole- Golf Craft Group Jazz Interest Group Bar Open
Thursday 5th	9.45am 10.00am 1.00pm 2.30pm 3.30pm 7.30pm	Bowls Shopping Trip to Leopold, Newcomb, Bellarine Village Art Group in Craft Room Bridge for beginners -CC Q'gong in Theatre Room Cards, Board Games & Pool
Friday 6th	9.00am 10.00am 5.00pm	Line Dancing practice Men's & Ladies 9 Hole- Golf Happy Hour
Saturday 7 th	8.00am 12.00pm	Men's & Ladies 18 Hole- Golf Men's & Ladies 18 Hole- Golf
Sunday 8th	2.00pm	Line Dancing Practice

Monday 9th	9.00am 10.00am 12.45pm 1.00pm 7.00pm	Cycling Group Walking Group- Stay for Tea/Coffee & chat after in SB Social bowls Mahjong, Cards & Board Games- CC Line Dancing Practice
Tuesday 10th	8.00am 9.00am 10.00am 12.00pm 1.00pm 2.30pm 7.30pm	Men's 9 or 18 Hole- Golf Aerobics Group Mosaics Group with Jenny Parsons Men's 9 or 18 Hole- Golf Line Dancing with Rhonda Mathieson Bridge for players - CC Movie Night – Movie Title on Notice Board prior
Wednesday 11th	9.00am 9.15am 10.00am 10.00am 2.00pm 4.30pm 6.00pm	Ladies 9 or 18 Hole- Golf Water Aerobics Water Aerobics Craft Group Jazz Interest Group Bar Open In House dining
Thursday 12th	9.45am 10.00am 1.00pm 2.30pm 3.30pm 7.30pm	Bowls Shopping Trip to Leopold, Newcomb, Bellarine Village Art Group in Craft Room Bridge for beginners -CC Q'gong in Theatre Room Cards, Board Games & Pool- CC
Friday 13th	9.00am 10.00am 5.00pm	Line Dancing practice Men's & Ladies 9 Hole- Golf Happy Hour
Saturday 14th	8.00am 12.00pm 7.30pm	Men's & Ladies 18 Hole- Golf Men's & Ladies 18 Hole-Golf Crazy Whist - CC
Sunday 15th	2.00pm	Line Dancing Practice
Monday 16th	9.00am 10.00am 12.45pm 1.00pm 7.00pm	Cycling Group Walking Group- Stay for Tea/Coffee & chat after SB Social bowls Mahjong, Cards & Board Games- CC Line Dancing Practice

Tuesday 17th	8.00am	Men's 9 or 18 Hole- Golf
	9.00am	Aerobics Group
	10.00am	Mosaics Group with Jenny Parsons
	12.00pm	Men's 9 or 18 Hole- Golf
	1.00pm	Line Dancing with Rhonda Mathieson
	2.30pm	Bridge for players - CC
	7.30pm	Movie Night – Movie Title on Notice Board prior
Wednesday 18th	9.00am	Ladies 9 or 18 Hole- Golf
	9.15am	Water Aerobics
	10.00am	Water Aerobics
	10.00am	Craft Group
	4.30pm	Bar Open
Thursday 19th	9.45am	Bowls
	10.00am	Shopping Trip to Leopold, Newcomb, Bellarine Village
	10.30am	Orientation
	1.00pm	Art Group in Craft Room
	2.30pm	Bridge for beginners -CC
	3.30pm	Q'gong in Theatre Room
	7.30pm	Cards, Board Games & Pool- CC
Friday 20th	9.00am	Line Dancing practice
	10.00am	Men's & Ladies 9 Hole-Golf
	5.00pm	Happy Hour
Saturday 21st	8.00am	Men's & Ladies 18 Hole- Golf
	12.00pm	Men's & Ladies 18 Hole-Golf
	7.30pm	Rock N Roll 50s-60s Night -CC
Sunday 22nd	2.00pm	Line Dancing Practice
Monday 23rd	9.00am	Cycling Group
	10.00am	Walking Group- Stay for Tea/Coffee & chat after SB
	12.45pm	Social bowls
	1.00pm	Mahjong, Cards & Board Games- CC
	7.00pm	Line Dancing Practice
Tuesday 24th	8.00am	Men's 9 or 18 Hole- Golf
	9.00am	Aerobics Group
	10.00am	Mosaics Group with Jenny Parsons
	12.00pm	Men's 9 or 18 Hole- Golf
	1.00pm	Line Dancing with Rhonda Mathieson
	2.30pm	Bridge for players - CC
	7.30pm	Movie Night – Movie Title on Notice Board prior

Wednesday 25th	9.00am	Ladies 9 or 18 Hole- Golf
	9.15am	Water Aerobics
	10.00am	Water Aerobics
	10.00am	Craft Group
	4.30pm	Bar Open
Thursday 26 th	9.45am	Bowls
	10.00am	Shopping Trip to Leopold, Newcomb, Bellarine Village
	1.00pm	Art Group in Craft Room
	2.30pm	Bridge for beginners -CC
	3.30pm	Q'gong in Theatre Room
	7.30pm	Cards, Board Games & Pool- CC
Friday 27th	9.00am	Line Dancing practice
	10.00am	Men's & Ladies 9 Hole-Golf
	5.00pm	Happy Hour
Saturday 28th	8.00am	Men's & Ladies 18 Hole- Golf
	12.00pm	Men's & Ladies 18 Hole-Golf
Sunday 29th	2.00pm	Line Dancing Practice
Monday 30th	9.00am	Cycling Group
	10.00am	Walking Group- Stay for Tea/Coffee & chat after SB
	12.45pm	Social bowls
	1.00pm	Mahjong, Cards & Board Games- CC
	7.00pm	Line Dancing Practice
Tuesday 31st	8.00am	Men's 9 or 18 Hole- Golf
	9.00am	Aerobics Group
	10.00am	Mosaics Group with Jenny Parsons
	12.00pm	Men's 9 or 18 Hole- Golf
	1.00pm	Line Dancing with Rhonda Mathieson
	2.30pm	Bridge for players - CC
	7.30pm	Movie Night – Movie Title on Notice Board prior

BL Regular Practitioners –

Booking sheets in mail room

- Hairdressers – Donna & Margie - Monday
- Massage Therapy – Lisa – Wednesday or Friday
- Osteopath – Clare- Monday
- Beauty Technician – Steph- Tuesday
- Podiatrist – Rebecca- Once a month on a Thursday
- Acupuncture- Amelia - Tuesday

All our practitioners have been interviewed and selected because of their expertise and skills. Bellarine Lakes is fast becoming a business of interest for varying practitioners to visit regularly. We encourage our residents to come and meet them and support them.